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Next meeting is Sept. 2/14 AGM Oct. 7/14

QEXCA FALL PROGRAMMING REGISTRATION

Registration for Fall Programs 2014 will be Monday, September 8 from 6-8 p.m. at St. Frances School Gym (2141 McPherson Ave.) A membership fee of \$10 per individual or family per year is required to participate in programs and must be presented or bought at the time of registration. A fee of \$10 will apply to late registrations. QEXCA honours other community association memberships.

ADULT

Aerobics: Build Your Own Bones Queen Elizabeth School Gym Mondays Sept 22-Dec 8

Aerobics: Easy Does It Queen Elizabeth School Gym Wednesdays Sept 24-Nov 26

Badminton

Queen Elizabeth School Gym Wednesdays Sept 24-Nov 26

Zumba

Queen Elizabeth School Gym Wednesdays Sept 24-Nov 26

CHILDREN/YOUTH

Creative Dance Class Queen Elizabeth Gym Tuesday Sept 23-Dec 16

Creative Dance Class
Queen Elizabeth School Gym
Tuesday Sept 23-Dec 16

Kids' Club Queen Elizabeth School Gym Thursday Sept 25 - Dec 18

Learn to Play Soccer

St. Frances Gym School Gym Thursday Sept 25-Dec 18 18 yrs & over 7:05pm-8:05pm \$40

18 yrs & over 7:05pm-8:05pm \$40

14 yrs & over 8:15pm-10:15pm \$20

14 yrs & over 7:00pm-8:00pm \$55

5 & 6 yrs 6:00pm-6:46pm \$20

7 & 8 yrs 7:00pm-7:45pm \$20

8-12 yrs 6:30pm-7:45pm \$35

5 & 6 yrs 6:00pm-6:45pm \$20



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Programming Continued:

Tiny Tots Soccer

Queen Elizabeth School Gym Wednesday Sept 24-Dec 17

Baby Sign Language

Queen Elizabeth School Library Tuesday Sept 23-Oct 28 4 & 5 yrs

6:00pm-6:45pm

\$20

6 mos

6:00pm-6:45pm

\$55

To learn more about these programs, visit www.qexca.ca. If you, or someone you know, require financial assistance to participate in Community Association programs, please, contact us by email. Funding is available through the Cost-As-A-Barrier Program offered by the City of Saskatoon. Please direct any questions and comments to the Program Coordinator by email at jshebelski@gmail.com.

Volunteers Needed

Are you interested in working with children and have some knowledge of soccer? A lot of soccer knowledge is not required as lessons are pre-developed that are easy to follow.

We are also looking for people interested to help lead a touch football program this fall.

Please contact us a qexca.saskatoon@gmail.com.

Does your child:

- · Struggle with reading, math or spelling
- · Learn something one day but forget the next
- · Get distracted easily and have trouble staying focused
- Need help to begin or complete an assignment
- Easily become stressed or overanxious
- · Have difficulty following what others are saying
- Tire quickly and find sports challenging

I can help. I am currently accepting new clients of all ages for a proven training program that targets the underlying skills your child needs for effective communication, thought processing and learning. This is not tutoring. Call today for more information.

Robyn Kernot retired teacher and iLs Practitioner 306-374-7318 (Holliston)

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